



BRENDAN TEELING

EXPERIENCED TECHNICAL DIRECTOR & UEFA A LICENSED COACH

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I am an accomplished Technical Director and soccer coach with over a decade of experience, gained at clubs across Canada, Australia, Ireland, and the USA at the academy and first-team levels.

Throughout my career, I have proven my ability to create and deliver innovative programs focused on providing players with the highest standard of coaching. I am adept at leading and guiding multidisciplinary teams, and have been responsible for educating coaches and progressing their development in several of my roles.

In every coaching position I have held, I have used my leadership and operational skills to ensure the continued on- and off-field growth of the organizations I have represented. In my current role as Head Men's Coach of League1 British Columbia side TSS Rovers, I have driven the squad's performance, leading them to become regular season league title winners in 2024 and securing qualification for the 2025 Canadian Championship.

I possess a range of soccer qualifications, including a UEFA A Licence and Canada Soccer A Diploma — I also hold the Learning Facilitator qualification and Technical Director Diploma from BC Soccer. I am committed to achieving excellence and sustainable success within a club, and I am eager to bring my diverse skills, knowledge, and experience to a new role in soccer.

EDUCATION & QUALIFICATIONS



• **MBP School of Coaches:**
Master's in High-Performance Football (2024)

• **BC Soccer:**
Learning Facilitator Qualification (2023)
Technical Director Diploma (2022)

• **University of Windsor:**
Master's in Human Kinetics: Applied Human Performance (2016)

• **University College Dublin:**
BSc (Hons): Sport & Exercise Management (2010)

• **UEFA Elite Youth A Licence (FAI, 2023)**
• **UEFA A Licence (FAI, 2019)**
• **UEFA B Licence (FAI, 2017)**
• **Canada Soccer Children's Diploma Candidate (2024)**
• **Canada Soccer A Diploma (2022)**
• **Canada Soccer B Diploma (2017)**
• **United Soccer Coaches Advanced National Diploma (2014)**

EMPLOYMENT HISTORY



TSS Rovers, Canada

Head Men's Coach (League1 British Columbia)
Assistant Coach

Jan 2024 - Present
Jan 2023 - Jan 2024

Head Men's Coach (League1 British Columbia)

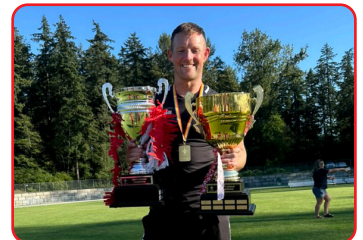
- Oversee and lead all aspects of the coaching program for a team competing in League1 British Columbia
- Build and implement a playing philosophy and game model for the men's team
- Manage all coaching staff, acting as a role model and leading by example
- Ensure all coaching sessions meet the high standards expected by the club and align with its playing philosophy and game model
- Oversee and lead the delivery and content of all training sessions and match preparations
- Plan, deliver, and review all coaching practices and use the periodisation approach to enhance player and team development strategies
- Create an engaging learning environment that encourages, supports, and challenges players, allowing them to grow, and manage off-season player development programs
- Collaborate with the academy coaching staff to maintain the player pathway to the first-team environment
- Lead on match days: responsible for team selection and in-game tactical decisions

Assistant Coach

- Supported the Head Coach in managing and coaching the men's team
- Planned, implemented, and led high-quality coaching sessions that aligned with the club's coaching program and game model
- Responsible for attacking set-play coaching sessions: designed attacking set-play routines and led the delivery of these to ensure players understood their roles on match days
- Conducted extensive video analysis and opposition analysis to enhance match preparations
- Delivered informative analysis reports and presentations to the management team and the playing squad
- Acted as a key member of the multidisciplinary team and performed a lead role in fostering an environment of excellence across the club
- Planned and delivered off-field learning opportunities
- Contributed to the design and delivery of the club's Player Development Model
- Observed and reported on players' progress, attended internal and external CPF events, and completed monitoring tasks in line with club policy

Key Achievements:

- ✓ Won the 2024 League1 BC regular season title and were playoff champions, qualifying for the 2025 Canadian Championship
- ✓ Named League1 BC Men's Division Coach of the Month (May 2024)
- ✓ Played Canadian Premier League side Pacific FC in the preliminary round of the 2024 Canadian Championship, tying 1-1 in extra time before being defeated 5-4 on penalties
- ✓ 2023: Made Canadian soccer history as the first semi-professional club to knock a professional club out of the Canadian Championship, with a 3-1 victory over Valour FC



EMPLOYMENT HISTORY CONTINUED



North Delta FC, Canada

Technical Director

Jun 2022 - Present

- Lead the development of the club's three-year strategic plan, including Key Performance Indicators (KPIs) in developing players, coaches, referees, facilities, partnerships, and finances
- Oversee the recruitment, development, and management of coaching staff
- Lead coach education processes and guide coaches through Coach Development Programs
- Motivate and mentor technical staff, conduct performance reviews, and promote the Technical Development Plan to stakeholders
- Establish, manage, and maintain the technical budget
- Enhance the club's player development program to further the progression of elite top talent
- Forge partnerships with external technical service providers to create an on-field and off-field Player Development Program
- Manage and lead the club's Head Coaches to ensure all sessions align with the Player Development Program
- Liaise with BC Soccer, other leagues, and governing bodies to optimize player development pathways
- Establish partnerships with universities and professional soccer organizations to improve player development strategies

Key Achievements:

- ✓ Introduced a club-wide playing philosophy, vision, mission, and player development plan
- ✓ Designed an age-appropriate syllabus for U4 to U18 teams, aligned with the club's playing style, philosophy, and development model

• Coastal FC, Canada	Head Coach	Jul 2023 - Jan 2024
• Vancouver Whitecaps F/MLS Next Academy	U17 Assistant Coach	Sep 2021 - Jul 2022
• Vancouver Whitecaps FC, Canada	Head Coach of the Okanagan Region	Nov 2020 - Sep 2021
	Associate Head Coach of the Kootenays East Academy Centre	Jun 2019 - Nov 2020
	Technical Director of Kootenays East Youth Soccer Association	Jun 2019 - Nov 2020
	Elite Development League Assistant Director	Oct 2018 - Jun 2019
• LA Galaxy Orange County, USA	Head of Player Development	Oct 2017 - Oct 2018
• Tecumseh Soccer Club, Canada	Head Coach 2005 & 2006 Girls Black	Oct 2017 - Oct 2018
• Nationals Canada	Assistant Coach 2002 & 2004 Girls Black	Oct 2017 - Oct 2018
• Nationals Canada	Junior Technical Director of Coaching	Jan 2017 - Sep 2017
• Cockburn City Soccer Club, Australia	U18 National Premier League Head Coach	Jan 2017 - Sep 2017

Vancouver Whitecaps FC/MLS Next Academy:

- Assisted the U17 Head Coach in designing Annual Training Plans (ATPs), including team and individual training sessions
- Attended all training sessions, games, and competitions and travelled with the Academy team to all away matches
- Provided on-field support for all training activities and led other age groups' sessions
- Supported the U17 Head Coach in planning and delivering individual, unit, and team meetings
- Assisted the Head Coach with video analysis, individual development plans, session tracking, and more
- Contributed to Academy scouting at scheduled scouting events and filed scouting reports

Key Achievement:

- ✓ One player made the MLS NEXT All-Star team and played in the August 2022 All-Star game

Vancouver Whitecaps FC Head Coach of the Okanagan Region:

- Led all players and coaching staff as Head Coach of the Okanagan region in Kelowna, Kelowna West, Penticton, Vernon, and Salmon Arm
- Coordinated and managed all coaching staff; led the recruitment of local coaches to help deliver regional programs
- Managed the club's overall financial budgets, technical costs, and revenue items

Associate Head Coach of the Kootenays East Academy Centre & Technical Director of Kootenays East Youth Soccer Association:

- Developed a club vision, strategic plan, playing philosophy, and game model for all teams from U5 to U18 level
- Established a coaching curriculum aligned with the club's playing philosophy, which was distributed to coaches
- Coached and developed pre-academy and academy players, bringing the best players to showcase events in Vancouver and the USA
- Led the Vancouver Whitecaps FC BMO Academy Centre, including planning and delivering programs and identifying and recruiting talent

Cockburn City Soccer Club Key Achievements:

- ✓ 2017: The U18s finished third in the league, one point away from winning and with the league's best defence
- ✓ Five U18 players went on to play with the club's reserves teams and one player is now in the National Premier League
- ✓ Several U16 players progressed to the club's U18s squad and two U18 players went on to play with Football West State in China



ORANGE COUNTY



NATIONALS



• University of Windsor, Canada	Assistant Coach / Team Manager	Mar 2016 - Dec 2016
	Graduate Teaching Assistant	Sep 2014 - Dec 2016
• LA Salle Stompers Soccer Club, Canada	Soccer Coach / Grassroots Mentor	Oct 2014 - Dec 2016
• Malahide United FC, Ireland	Director of Women's Football	Jul 2013 - Aug 2014
• Total Football Academy, Australia	Regional Manager	Sep 2011 - Oct 2012
• UK Elite Soccer, USA	Soccer Coach	Jun 2010 - Nov 2010
• C2C Soccer, USA	Sports Management Internship	May 2009 - Aug 2009

Key Achievements:

- ✓ At Malahide United FC, created a successful ladies' team, leading them to win the 2014 Dublin Cup and the Leinster Regional Cup

References available upon request

